

MESSAGE FROM THE EXECUTIVE DIRECTOR



From nutritious meals keeping older adults fed to exercise classes keeping the mind and body sharp to travel opportunities to encourage social activity, the Randolph Senior Adults Association is working hard to provide what older adults need to stay healthy and nourished more than ever before.

But wait, why are we using the word "nourishment" if we are talking about things other than food?

That's a great question!

The reason we are using the word nourishment outside of its regular food context is because we often find ourselves so over-focused on food that we forget about all the other simple ways to nourish ourselves on an everyday basis.

So, what does it mean to nourish yourself without food?

We may not think about how doing a craft activity is calming and rejuvenating. Or that taking a day trip to a local petting zoo is enjoyable and relaxing. Or that participating in a technology class is stress-relieving and confidence boosting. You see, the thing is we actually "eat" all day with our senses... we "consume" our environment through touch, taste, sound and sight.

This Annual Report serves as a way to tell you a bit more about how we're truly nourishing the lives of seniors everyday. Our Association is composed of dedicated staff, wonderful volunteers, generous funding organizations and individual donors, and an increasing Association membership. It is only in partnership with all of you that we are able to fully realize our potential in assisting older adults in nourishing their minds and bodies. We definitely have a "lot on our plate" but the work we're doing **together** is so rewarding.

Whatever time of life you are in, chances are you know someone who can use our services. That someone could be a parent or grandparent who may need some extra help in order to stay safely at home, a neighbor who can no longer drive safely, or a friend who is trying to figure out their Medicare coverage.

That someone could also be you, either today or sometime down the road.

Please take some time to review our Annual Report and get to know us a little better. I welcome and value your questions, comments and concerns in which to better serve.

Sincerely,

R. Mark Hensley, Executive Director
Randolph Senior Adults Association



"I feel so blessed to have RCATS available to me in Montgomery County. I've been a daily rider since 2011. Thank you to all drivers who safely transport each day."

—Carmen, RCATS Client

Randolph Senior Adult Association, Inc.

Financial Report
Fiscal Year Ended June 30, 2024

Sources of Funds*:

	Amount	%
North Carolina Department of Transportation (NCDOT)	\$ 912,859	24.99%
Home & Community Care Block Grant (US DHHS - OAA)	678,847	18.58%
Capital Grants - NCDOT	633,036	17.33%
Randolph County	332,843	9.11%
Contract Services - Adult Day Care, Transportation	189,661	5.19%
American Rescue Plan Act	176,557	4.83%
Municipalities	152,112	4.16%
United Way	139,651	3.82%
Other (Interest, FEMA, Fundraisers, Gain on Disposal)	88,079	2.41%
Seniors' Health Insurance (SHIP/MIPPA), Caregiver Grants	77,573	2.12%
In-Kind Revenue	74,322	2.03%
Nutrition Services Incentive Program (US DHHS)	62,648	1.71%
Memberships, Donations, Sponsorships	32,163	0.88%
Senior Center General Purpose Grants	31,378	0.86%
Private Pay/Cost Share - Meals, ADC, Transportation	18,135	0.50%
Resource & Education Center - Rental/Activity/Tour Fees	16,342	0.45%
Montgomery County	15,000	0.41%
Salt Box	11,340	0.31%
Child & Adult Care Food Program (USDA)	11,210	0.31%
Total Sources	3,653,756	100.00%

Uses of Funds*:

RCATS/MCT	1,824,520	49.25%
Home Delivered Meals	637,092	17.19%
Senior Center Programs (including Outreach)	366,923	9.90%
Congregate Meals	342,671	9.25%
Information and Options Counseling	257,817	6.96%
Adult Day Care	232,480	6.27%
Resource & Education Center	35,647	0.96%
Salt Box	8,022	0.22%
General Transportation	124	0.00%
Administration		0.00%
Total Uses	3,705,294	100.00%

Net Income (51,538)

Add: Depreciation 403,634
Less: Capital Purchases (748,578)
Add: Change in Working Capital 374,544

Net Cash Outflow \$ (21,938)

*Includes in-kind revenue/expenses

Audit Statement

We are currently being audited by DMJPS, PLLC of Greensboro, NC for FY 2023-2024.

Financial information about this organization and a copy of its license are available from the NC Secretary of State Licensing Branch at (919) 807-2214. The license is not an endorsement by the State.

NUTRITION & OUTREACH PROGRAMS	# OF PARTICIPANTS	UNITS
Total Meals Served (Includes Our Place Adult Day Care)	538	100,929 meals
Congregate Lunch	141	17,522
Home Delivered Meals (Meals On Wheels)	381	81,032 meals
Our Place Adult Day Care– Meals Served	16	2,375
Outreach Program/Extended Services	3,117	106 outreaches
Senior Center Activities / Programs		5,902
INFORMATION & OPTIONS COUNSELING		
Prescription Assistance (age 59 and under/60+)	1/28	\$84,527 saved
Caregiver Program (age 59 and under/60+)	122/2,053	5,729 Liquid Nutritional Supplements; 1,488 Incontinence Supplies; 8,250 newsletters; 20 class participants
Seniors Health Insurance Information Program (age ≤59/60+)	159/1,822	\$398,194 saved
Information Assistance (age 59 and under/60+)	405/4,091	4,496 client contacts
Case Assistance (age 59 and under/60+)	145/1,704	
RCATS PROGRAMS		
Total Trips	1158	44,059 trips
Randolph County Transportation (General)	147	15,277 one-way trips
Randolph County Transportation (ROAP, DSS and other)	810	19,798 one-way trips
Montgomery County Transportation (General)	66	4,080 one-way trips
Montgomery County Transportation (ROAP, DSS and other)	135	4,904 one-way trips
OTHER RSAA PROGRAMS		
Operation Fan	205 recipients	205 fans
Health Care Equipment Loans	62 loans	
Day Trips	782	40 trips
Blood Drives	177 donors	199 units collected*
Stockings of Care (MOW & Frozen Delivery Clients)		317
Senior Movie	2,009	11 movies
Volunteers	264	9,748 hours

*Includes Power Red blood donations, which allows donors to give two units of red blood cells during a single appointment.



www.senioradults.org



9/25/24

49th ANNUAL REPORT 2023-2024



NOURISHING MORE THAN EVER BEFORE



Board of Directors

Greg Patton, President
Nancy Henderson, VP
Katie Snuggs, Secretary
Pete Abbott, Treasurer

Jane Cranford
Pat Hurley
Pete Jolly
Bill McCaskill
Becky Parker
Vivian Phetmixay
Vicky Rich
Joe Weaver
Gene Woodle

Mission

To empower adults age 50 and over in Randolph County toward a life of personal independence, healthy aging, social connection and life-long learning.

Vision

To be recognized by the state of North Carolina as a premier provider of exceptional resources and educational opportunities to enhance the quality of life for Randolph County adults age 50 and over.



RANDOLPH
**SENIOR
ADULTS**
ASSOCIATION

