



# Thursday, October 20th Pilot Mountain & Cana, VA

**Call 625-3389 to register**  
No cost for the trip.  
Just bring money for your purchases.

-The leaves are changing and fall is in full swing as we travel first to Cana, Virginia for a stop at Virginia-Carolina Enterprises farm stand market. All of the fruits and veggies are setup outside and are vibrant and beautiful. When you walk into the shop, there are large barrels of dried beans, locally-sourced meat/dairy/eggs/etc., mostly from Appalachia. The walls and shelves are stocked with all sorts of speciality items -- salsas, jams, sweets, pickled veggies.



-Our next stop is to the Mill Creek General Store and Deli in Mt. Airy. We will eat lunch here.

-Our final stop after lunch will be at the top of the Pilot Mountain State Park. Hopefully, the weather will be great and we will be able to see all the great views from the overlook.



**The Harry and Jeanette Weinberg  
Adult REC**

**347 W. Salisbury St., Asheboro, NC**  
**[www.senioradults.org](http://www.senioradults.org)**



**Buses leave the Asheboro Senior Center at 8:00am . Estimated return time is 4:30pm.**