



Stockings of Care

The holiday season, for all its intended joy, can be a lonely time for many local seniors. In order to bring a smile to many seniors' faces, Randolph Senior Adults Association (RSAA) works to spread Christmas cheer to area homebound seniors through its "Stockings of Care" Project.

Now in its ninth year, area seniors enrolled with RSAA's Meals-on-Wheels program receive a stocking—filled with a variety of personal care items, puzzles, games, and more—delivered as an added bonus to their daily nutritious hot meal.

Would you like to help brighten a senior's day this holiday season?

Consider contributing financially to the "Stockings of Care" Project or through a donation of items. ***(See reverse for a list of ideas)***. You can drop off items with the front desk or make checks payable to Randolph Senior Adults Association (or RSAA) and mail to: RSAA, 347 W. Salisbury Street, Asheboro, NC 27203.



RANDOLPH
**SENIOR
ADULTS**
ASSOCIATION

Est. 1975

If you would you like to brighten a local senior's holiday season, consider contributing financially to the "Stockings of Care" Project—or through a donation of items.

Below is an idea of items many seniors enjoy receiving in their stockings. You can drop off items with the front desk or make checks payable to Randolph Senior Adults Association (or RSAA) and mail to: RSAA, 347 W. Salisbury Street, Asheboro, NC 27203.

- Shampoo/Conditioner
- Lotion
- Soap/Body Wash
- Small packs of tissue
- Pens
- Adult coloring books/word searches
- Small Flashlights
- Batteries
- Notepads/Mini Notebooks
- Small packs of Band-Aids
- Nail files
- Pocket calendars
- Individually wrapped hard candies
- Nail clippers
- Chap-stick/Lip balm
- Handsoap
- Gloves/Hand warmers
- Individually wrapped snacks (i.e. crackers, cookies, etc.)
- Assortment of greeting cards (i.e. Birthday, Get Well, Thank You, etc.)
- Postage stamps
- Back scratcher
- Hand sanitizers
- Toothpaste/Toothbrushes
- Post-It Notes
- Flavored Teas
- Magnifiers
- Plug-In nightlights
- Dish towels
- Washcloths
- Playing cards
- Chip clips
- Small bottles of detergent
- Dish soap
- Colored pencils
- Rolls of tape
- Sharpie markers
- Packs of instant coffee/grits/oatmeal
- Small rolls of aluminum foil/saran wrap



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